

HEAD FOR THE HILLS

Second Annual Emergency Preparedness Event

Gather supplies:

- Flashlights
- Emergency Whistles
- Backpacks
- First aid booklets

When:

August 28th

Anytime between
11:30am-2:30pm

Where:

Start at Community
Gym, end in your
safe zone.

Get Prepared

What route would you use during a tsunami evacuation? How hard would it be for you to walk it?

Do you know what to put in a family emergency kit?

Do you know what the Tribe will do to help you during a disaster?

Now you can find out! You can learn the answers to all these questions at the second annual Tsunami Walk "Head for the Hills" event.

Here is how it works. Participants will register at the Community Gym and then walk either the Diaht Hill or 200 Line evacuation route. You will receive a bag at the beginning of the walk to collect your items for your emergency kit. **The first 96 adults will receive an emergency backpack to store their family's emergency items.**

If you got a back pack last year, bring it back and continue to build your kit.

Information booths along the routes will provide important information that can help you survive during a disaster. Each booth will provide a different item for your disaster emergency kit.

At the end of the walk participants will receive an event t-shirt and be able to experience a delicious sample of emergency food that would be served during a disaster radios, first aid kits, etc.

Shuttles will provide transportation back to Community Gym from Diaht or 200 Line.

Come join us on Thursday, August 28th, and walk anytime between 11:30am and 2:30pm

Head for the Hills!
will provide essential
information and
supplies to help the
community survive a
Tsunami.

